

# Wood County



## Training Plan

Created February 2020

Wood County Medical Reserve Corps, which is managed by Wood County Health Department, has adopted a tiered training plan. This approach ensures MRC members have the training they need to consistently and safely help in their community during emergency and non-emergency events. In addition to general emergency preparedness and response, volunteers will be encouraged to focus training on points of dispensing.

This training plan aligns with the 2019 MRC Deployment Readiness Guide and the Developing Mission Ready MRC Units: A Resource Guide for Medical Reserve Corps Unit Leaders, both by the National Association of County & City Health Officials.

MRC members can take online training through the MRC-TRAIN website ([www.mrc.train.org](http://www.mrc.train.org)) and other training through meetings and drills. Training records and certificates must be documented in OhioResponds database.

**MRC Coordinator**

For questions about registration, training and deployment, contact Wood County MRC Coordinator Alex Aspacher at [aaspacher@co.wood.oh.us](mailto:aaspacher@co.wood.oh.us) or 419-354-9212.

**MRC Volunteer Levels**

<b>New Volunteer</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Registered with Wood County MRC through OhioResponds but have not completed required training or orientation</li> <li><input type="checkbox"/> Not deployable unless they receive role-specific training</li> </ul>
<b>Basic Volunteer</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Register with MRC Train to complete required trainings (See Page 3)</li> <li><input type="checkbox"/> Have limited training or participation in unit activities</li> </ul>
<b>Intermediate Volunteer</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Demonstrated Points of Dispensing skills through trainings and/or exercises (See Page 4)</li> </ul>
<b>Advanced Volunteer</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Have completed an MRC Learning Path</li> <li><input type="checkbox"/> Strongly encouraged to participate in at least one non-emergency event or emergency exercise</li> <li><input type="checkbox"/> Capable of serving supervisory roles</li> </ul>

**Note:** Volunteers needed during an emergency can be activated by submitting an application on Ohio Responds and completing the following training:

- MRC Volunteer Deployment Readiness: Pre-Deployment Course (20 minutes) #1086867
- MRC Volunteer Deployment Readiness: Deployment and Post-Deployment Course (20 minutes) #1086868

## Become a Basic Volunteer

- ❑ Create an account on MRC TRAIN by going to [www.train.org/MRC](http://www.train.org/MRC).
  
- ❑ Link the Wood County Medical Reserve Corps to your MRC Train account:
  1. Log on to MRC TRAIN, click on your name in the top right, then select **Your Profile**.
  2. On the **Manage Groups** screen, enter **513** into the **Join by Group Code** field.
  3. Click the blue **Join** button.
  4. Click **Save** on the top right to complete the process.
  
- ❑ Complete required training:
  - ❑ MRC Volunteer Deployment Readiness: Pre-Deployment Course (20 minutes) #1086867
  - ❑ MRC Volunteer Deployment Readiness: Deployment and Post-Deployment Course (20 minutes) #1086868
  - ❑ Volunteer Preparedness MRC Learning Path
    - ❑ Personal and Family Preparedness (25 minutes) #1081145
    - ❑ Personal Safety (40 minutes) #1081353
  - ❑ "The Unthinkable: Lessons from Survivors" (17 minutes, via YouTube):  
<https://bit.ly/38sRD8m>

**When you have completed the above items to attain Basic Volunteer status, contact the MRC coordinator for verification.**

## **Become an Intermediate Volunteer**

- ❑ Complete required training
  - ❑ Mass Dispensing Overview: An SNS Perspective (1 hour) #1054681
  - ❑ Training for Volunteers in Disaster Shelters: Universal Precautions (4 minutes, via YouTube): <https://bit.ly/38sBAHt>
  - ❑ FEMA IS-100.C: An Introduction to the Incident Command System (1-2 hours) #1078825
  - ❑ FEMA IS-200.C: Basic Incident Command System for Initial Response (1-2 hours) #1084004

**When you have completed the above items to attain Intermediate Volunteer status, contact the MRC coordinator for verification.**

## **Become an Advanced Volunteer**

- ❑ Complete required training
  - ❑ FEMA IS-700.B: An Introduction to the National Incident Management System (1-2 hours) #1078831
  - ❑ Complete one MRC Learning Path (See pages 6-9)
    - ❑ Volunteer Leadership
    - ❑ Community Resiliency
- ❑ In-person interview with MRC coordinator
- ❑ A background check is required at your expense. For information about where to obtain a background check through the Ohio Attorney General's Bureau of Criminal Investigation, go to <https://bit.ly/2HqTGO6>.
- ❑ Strongly recommended: Participate in at least one public health exercise or community event, such as the Backpack Event or Project Connect.

**When you have completed the above items to attain Advanced Volunteer status, contact the MRC coordinator for verification.**

## MRC Learning Paths

**MRC Volunteer Qualifications** are measurable qualities (i.e., knowledge, skills, and attitudes) and actions that a volunteer should have or be able to perform in order to be considered competent in an area. They can be met at a basic or advanced level.

- Complete a personal and family preparedness plan
- Demonstrate cultural humility during MRC activities
- Demonstrate safe behaviors during MRC activities
- Describe how MRC serves the community
- Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities
- Follow policies and procedures related to professional and ethical representation of the MRC
- Follow procedures to successfully activate, report, and demobilize
- Identify the impact of an event on the behavioral health of the MRC member and their family, team and community
- Identify the role of public health in the community

**The MRC Learning Paths** are suggested trainings that provide a way for volunteers to build these qualities and/or complete these actions. The learning paths are:

1. Volunteer Preparedness
2. Volunteer Response
3. Volunteer Leadership
4. Community Resiliency

### 1. Volunteer Preparedness (2 courses required, one from each group.)

#### **Complete a personal and family preparedness plan** (complete one)

Personal and Family Preparedness - <a href="#">MRC-TRAIN 1081145</a>	25 minutes
Personal Preparedness for Public Health Workers (RIDOH) - <a href="#">MRC-TRAIN 1060420</a>	1-2 hours
Animal Emergency Preparedness - <a href="#">MRC-TRAIN 1025307</a>	1 hour

#### **Demonstrate safe behaviors during MRC activities** (complete one)

Personal Safety - <a href="#">MRC-TRAIN 1081353</a>	40 minutes
Responder Health and Safety (Basics of Public Health Preparedness, Module 5) - <a href="#">MRC-TRAIN 1046400</a>	25 minutes
Workforce Resiliency 2: Individual and Organizational Preparedness - <a href="#">MRC-TRAIN 1021348</a>	2.25 hours
Personal Safety and Health for Emergency Responders - <a href="#">MRC-TRAIN 1064120</a>	1 hour
HAZMAT for Healthcare Providers: Awareness Level - <a href="#">MRC-TRAIN 1048614</a>	Self-paced
Disaster Responder Health and Safety - <a href="#">MRC-TRAIN 1037220</a>	6 hours

2. Volunteer Response (4 courses required, one from each group.)

**Follow procedures to successfully activate, report, and demobilize; Follow policies and procedures related to professional and ethical representation of the MRC; Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities** (complete one)

Expected Roles in Organizational & Community Response Plans During a Disaster or Public Health Emergency - <a href="#">MRC-TRAIN 1081338</a>	40 minutes
FEMA IS-100.C: An Introduction to the Incident Command System - <a href="#">MRC-TRAIN 1078825</a>	1-2 hours
FEMA IS-700.B: An Introduction to the National Incident Management System - <a href="#">MRC-TRAIN 1078831</a>	1-2 hours
IS-200.C: Basic Incident Command System for Initial Response - <a href="#">MRC-TRAIN 1084004</a>	1-2 hours
FEMA IS-800.C: National Response Framework - <a href="#">MRC-TRAIN 1077604</a>	1-2 hours

**Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities** (complete one)

Disaster Health Core Curriculum: Competency 4: Communication - <a href="#">MRC-TRAIN 1081351</a>	1 hour
Risk Communication in Public Health Emergencies - <a href="#">MRC-TRAIN 1009201</a>	3 hours
FEMA IS-242.B: Effective Communication - <a href="#">MRC-TRAIN 1052535</a>	Self-paced

**Describe how MRC serves the community** (complete one)

Surge Capacity - <a href="#">MRC-TRAIN 1081356</a>	25 minutes
Points of Dispensing (PODs): Public Health Training for Staff/Volunteers - <a href="#">MRC-TRAIN 1037506</a>	30 minutes
Mass Dispensing Overview: An SNS Perspective - <a href="#">MRC-TRAIN 1054681</a>	Self-paced

**Identify the impact of an event on the behavioral health of the MRC member and their family, team, and community; Describe how MRC serves the community** (complete one)

Clinical Management Principles - <a href="#">MRC-TRAIN 1081357</a>	40 minutes
Psychological First Aid: A Minnesota Community Supported Model - <a href="#">MRC-TRAIN 1050404</a>	45 minutes
Disaster Behavioral Health - <a href="#">MRC-TRAIN 1021342</a>	1 hour
Effects of Disasters on Mental Health - <a href="#">MRC-TRAIN 1050638</a>	1 hour
ACEs (Adverse Childhood Experiences) - <a href="#">MRC-TRAIN 1079049</a>	1.25 hours
Nurses: Preparing for and Responding to Emergencies and Disasters - <a href="#">MRC-TRAIN 1013008</a>	Self-paced

3. Volunteer Leadership (2 courses required, one from each group.)

**Describe how MRC serves the community.** (complete one)

Situational Awareness - <a href="#">MRC-TRAIN 1081343</a>	25 minutes
You Are the Help Until Help Arrives - <a href="#">MRC-TRAIN 1069847</a>	25 minutes
Assessment of Chemical Exposures Training - <a href="#">MRC-TRAIN 1060828</a>	1 hour

**Demonstrate cultural humility during MRC activities; Identify the role of public health in the community; Describe how MRC serves the community; Identify the role of public health in the community** (complete one)

Public Health Principles - <a href="#">MRC-TRAIN 1081358</a>	1 hour
Disability and Disaster - <a href="#">MRC-TRAIN 1052223</a>	1 hour
Cultural Awareness: Introduction to Cultural Competency and Humility - <a href="#">MRC-TRAIN 1062987</a>	30 minutes
Cultural Competency - <a href="#">PowerPoint slides</a>	Self-paced
Introduction to Public Health Preparedness - <a href="#">MRC-TRAIN 1046396</a>	40 minutes



4. Volunteer Support for Community Resiliency (3 courses required, one from each group.)

**Follow policies and procedures related to professional and ethical representation of the MRC; Demonstrate cultural humility during MRC activities** (complete one)

Ethical Principles - <a href="#">MRC-TRAIN 1081360</a>	40 minutes
Distinguishing Public Health Ethics from Medical Ethics - <a href="#">MRC-TRAIN 1050863</a>	35 minutes

**Demonstrate safe behaviors during MRC activities; Follow policies and procedures related to professional and ethical representation of the MRC; Demonstrate cultural humility during MRC activities** (complete one)

Legal Principles - <a href="#">MRC-TRAIN 1081361</a>	1 hour
Law and Ethics in Public Health, Public Health Ethics, Module 4 - <a href="#">MRC-TRAIN 1050892</a>	1 hour
Public Health and the Law: An Emergency Preparedness Training Kit - <a href="#">MRC-TRAIN 1050167</a>	30 minutes
Public Health Emergency Law Course:	
Unit 1—Introduction to Emergency Management Systems Preparedness and Response - <a href="#">MRC-TRAIN 1084118</a>	1 hour
Unit 2—Emergency Powers: Protection of Persons, Volunteers, and Responders - <a href="#">MRC-TRAIN 1084126</a>	1 hour
Unit 3—Emergency Powers: Management and Protection of Property and Supplies - <a href="#">MRC-TRAIN 1084130</a>	1 hour

**Identify the impact of an event on the behavioral health of the MRC member, their family, team and community; Demonstrate cultural humility during MRC activities** (complete one)

Short- and Long-term Considerations for Recovery - <a href="#">MRC-TRAIN 1081365</a>	20 minutes
Social Media and Long-term Recovery - <a href="#">MRC-TRAIN 1052242</a>	
Caring for Older Adults in Disasters: A Curriculum for Health Professionals - <a href="#">MRC-TRAIN 1059666</a>	30-120 minutes
Long Term Recovery Basics (4-part webinar) - <a href="#">MRC-TRAIN 1052226</a>	2-4 hours