### Infant Food List

#### INFANT MEATS

For Exclusively Breastfeeding Participants Only; Gerber Brand 2nd Foods Only; 2.5 oz. Glass Jars Only; Only the Specific Types as listed:

<table>
<thead>
<tr>
<th>Fruit</th>
<th>Vegetable</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carrot Pear</td>
<td>Squash Apple</td>
<td>Sweet Potato Apple Pumpkin</td>
</tr>
<tr>
<td>Blackberry</td>
<td>Corn</td>
<td></td>
</tr>
<tr>
<td>Pumpkin</td>
<td>Sweet Potato</td>
<td>Carrot Mango Pineapple</td>
</tr>
<tr>
<td>Banana</td>
<td>Mango Kale</td>
<td></td>
</tr>
<tr>
<td>Sweet Potato</td>
<td>Pineapple</td>
<td></td>
</tr>
</tbody>
</table>

#### INFANT MEATS

<table>
<thead>
<tr>
<th>Meat</th>
<th>Gravy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beef and Gravy</td>
<td>Chicken and Gravy</td>
</tr>
<tr>
<td>Ham and Gravy</td>
<td>Turkey and Gravy</td>
</tr>
</tbody>
</table>

This institution is an equal opportunity provider.
### INFANT CEREAL
Gerber Brand Only; 8 ounces Containers Only; All Flavors of Iron Fortified Cereal

**NOT ALLOWED:** With Added Fruit; With Added DHA/ARA; Cereal in Jars; Variety Packs

<table>
<thead>
<tr>
<th>Rice</th>
<th>Oatmeal</th>
<th>Multigrain</th>
<th>Whole Wheat</th>
</tr>
</thead>
</table>

### INFANT FRUITS
Gerber Brand Second Foods Only; 4 ounces Plastic Containers Only; Only the Specific Types as listed:

- Banana
- Pear
- Apple
- Peach
- Apple Blueberry
- Apple Strawberry Banana
- Banana Blackberry Blueberry
- Banana Apple Pear
- Apple Cherry
- Banana Plum Grape
- Apricot Mixed Fruit
- Pear Pineapple
- Prune Apple
- Pear Zucchini Corn
- Banana Carrot Mango
- Apple Peach Squash
- Banana Orange Medley
- Mango
- Apple Avocado

### INFANT VEGETABLES
Gerber Brand Second Foods Only; 4 ounces Plastic Containers Only; Only the Specific Types as listed:

- Carrots
- Green Bean
- Pea
- Sweet Potato
- Butternut Squash
- Pea Carrot Spinach
- Carrot Sweet Potato Pea
- Sweet Potato Corn
- Pumpkin