Wood County

Training Plan

Created February 2020
Wood County Medical Reserve Corps, which is managed by Wood County Health Department, has adopted a tiered training plan. This approach ensures MRC members have the training they need to consistently and safely help in their community during emergency and non-emergency events. In addition to general emergency preparedness and response, volunteers will be encouraged to focus training on points of dispensing.

This training plan aligns with the 2019 MRC Deployment Readiness Guide and the Developing Mission Ready MRC Units: A Resource Guide for Medical Reserve Corps Unit Leaders, both by the National Association of County & City Health Officials.

MRC members can take online training through the MRC-TRAIN website (www.mrc.train.org) and other training through meetings and drills. Training records and certificates must be documented in OhioResponds database.

**MRC Coordinator**
For questions about registration, training and deployment, contact Wood County MRC Coordinator Alex Aspacher at aaspacher@co.wood.oh.us or 419-354-9212.

**MRC Volunteer Levels**

| New Volunteer | ❑ Registered with Wood County MRC through OhioResponds but have not completed required training or orientation  
|               | ❑ Not deployable unless they receive role-specific training |
| Basic Volunteer | ❑ Register with MRC Train to complete required trainings (See Page 3)  
|                | ❑ Have limited training or participation in unit activities |
| Intermediate Volunteer | ❑ Demonstrated Points of Dispensing skills through trainings and/or exercises (See Page 4) |
| Advanced Volunteer | ❑ Have completed an MRC Learning Path  
|                   | ❑ Strongly encouraged to participate in at least one non-emergency event or emergency exercise  
|                   | ❑ Capable of serving supervisory roles |

**Note:** Volunteers needed during an emergency can be activated by submitting an application on Ohio Responds and completing the following training:

- MRC Volunteer Deployment Readiness: Pre-Deployment Course (20 minutes) #1086867
- MRC Volunteer Deployment Readiness: Deployment and Post-Deployment Course (20 minutes) #1086868
Become a Basic Volunteer

- Create an account on MRC TRAIN by going to www.train.org/MRC.

- Link the Wood County Medical Reserve Corps to your MRC Train account:
  1. Log on to MRC TRAIN, click on your name in the top right, then select Your Profile.
  2. On the Manage Groups screen, enter 513 into the Join by Group Code field.
  3. Click the blue Join button.
  4. Click Save on the top right to complete the process.

- Complete required training:
  - MRC Volunteer Deployment Readiness: Pre-Deployment Course (20 minutes) #1086867
  - MRC Volunteer Deployment Readiness: Deployment and Post-Deployment Course (20 minutes) #1086868
  - Volunteer Preparedness MRC Learning Path
    - Personal and Family Preparedness (25 minutes) #1081145
    - Personal Safety (40 minutes) #1081353

When you have completed the above items to attain Basic Volunteer status, contact the MRC coordinator for verification.
Become an Intermediate Volunteer

- Complete required training
  - Mass Dispensing Overview: An SNS Perspective (1 hour) #1054681
  - FEMA IS-100.C: An Introduction to the Incident Command System (1-2 hours) #1078825
  - FEMA IS-200.C: Basic Incident Command System for Initial Response (1-2 hours) #1084004

When you have completed the above items to attain Intermediate Volunteer status, contact the MRC coordinator for verification.
Become an Advanced Volunteer

- Complete required training
  - FEMA IS-700.B: An Introduction to the National Incident Management System (1-2 hours) #1078831
  - Complete one MRC Learning Path (See pages 6-9)
    - Volunteer Leadership
    - Community Resiliency
- In-person interview with MRC coordinator
- A background check is required at your expense. For information about where to obtain a background check through the Ohio Attorney General’s Bureau of Criminal Investigation, go to [https://bit.ly/2HqTGO6](https://bit.ly/2HqTGO6).
- Strongly recommended: Participate in at least one public health exercise or community event, such as the Backpack Event or Project Connect.

When you have completed the above items to attain Advanced Volunteer status, contact the MRC coordinator for verification.
MRC Learning Paths

MRC Volunteer Qualifications are measurable qualities (i.e., knowledge, skills, and attitudes) and actions that a volunteer should have or be able to perform in order to be considered competent in an area. The can be met at a basic or advanced level.

- Complete a personal and family preparedness plan
- Demonstrate cultural humility during MRC activities
- Demonstrate safe behaviors during MRC activities
- Describe how MRC serves the community
- Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities
- Follow policies and procedures related to professional and ethical representation of the MRC
- Follow procedures to successfully activate, report, and demobilize
- Identify the impact of an event on the behavioral health of the MRC member and their family, team and community
- Identify the role of public health in the community

The MRC Learning Paths are suggested trainings that provide a way for volunteers to build these qualities and/or complete these actions. The for learning paths are:

1. Volunteer Preparedness
2. Volunteer Response
3. Volunteer Leadership
4. Community Resiliency

1. Volunteer Preparedness (2 courses required, one from each group.)

Complete a personal and family preparedness plan (complete one)

- Personal and Family Preparedness - MRC-TRAIN 1081145 25 minutes
- Personal Preparedness for Public Health Workers (RIDOH) - MRC-TRAIN 1060420 1-2 hours
- Animal Emergency Preparedness - MRC-TRAIN 1025307 1 hour

Demonstrate safe behaviors during MRC activities (complete one)

- Personal Safety - MRC-TRAIN 1081353 40 minutes
- Responder Health and Safety (Basics of Public Health Preparedness, Module 5) - MRC-TRAIN 1046400 25 minutes
- Workforce Resiliency 2: Individual and Organizational Preparedness - MRC-TRAIN 1021348 2.25 hours
- Personal Safety and Health for Emergency Responders - MRC-TRAIN 1064120 1 hour
- HAZMAT for Healthcare Providers: Awareness Level - MRC-TRAIN 1048614 Self-paced
- Disaster Responder Health and Safety - MRC-TRAIN 1037220 6 hours
2. Volunteer Response (4 courses required, one from each group.)

Follow procedures to successfully activate, report, and demobilize; Follow policies and procedures related to professional and ethical representation of the MRC; Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities (complete one)

- Expected Roles in Organizational & Community Response Plans During a Disaster or Public Health Emergency - [MRC-TRAIN 1081338] 40 minutes
- FEMA IS-100.C: An Introduction to the Incident Command System - [MRC-TRAIN 1078825] 1-2 hours
- FEMA IS-700.B: An Introduction to the National Incident Management System - [MRC-TRAIN 1078831] 1-2 hours

Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities (complete one)

- Disaster Health Core Curriculum: Competency 4: Communication - [MRC-TRAIN 1081351] 1 hour
- Risk Communication in Public Health Emergencies - [MRC-TRAIN 1009201] 3 hours

Describe how MRC serves the community (complete one)

- Surge Capacity - [MRC-TRAIN 1081356] 25 minutes
- Points of Dispensing (PODs): Public Health Training for Staff/Volunteers - [MRC-TRAIN 1037506] 30 minutes
- Mass Dispensing Overview: An SNS Perspective - [MRC-TRAIN 1054681] Self-paced

Identify the impact of an event on the behavioral health of the MRC member and their family, team, and community; Describe how MRC serves the community (complete one)

- Clinical Management Principles - [MRC-TRAIN 1081357] 40 minutes
- Psychological First Aid: A Minnesota Community Supported Model - [MRC-TRAIN 1050404] 45 minutes
- Disaster Behavioral Health - [MRC-TRAIN 1021342] 1 hour
- Effects of Disasters on Mental Health - [MRC-TRAIN 1050638] 1 hour
- ACEs (Adverse Childhood Experiences) - [MRC-TRAIN 1079049] 1.25 hours
- Nurses: Preparing for and Responding to Emergencies and Disasters - [MRC-TRAIN 1013008] Self-paced
3. Volunteer Leadership (2 courses required, one from each group.)

**Describe how MRC serves the community.** (complete one)

- Situational Awareness - MRC-TRAIN 1081343 25 minutes
- You Are the Help Until Help Arrives - MRC-TRAIN 1069847 25 minutes
- Assessment of Chemical Exposures Training - MRC-TRAIN 1060828 1 hour

**Demonstrate cultural humility during MRC activities; Identify the role of public health in the community; Describe how MRC serves the community; Identify the role of public health in the community** (complete one)

- Public Health Principles - MRC-TRAIN 1081358 1 hour
- Disability and Disaster - MRC-TRAIN 1052223 1 hour
- Cultural Awareness: Introduction to Cultural Competency and Humility - MRC-TRAIN 1062987 30 minutes
- Cultural Competency - PowerPoint slides Self-paced
- Introduction to Public Health Preparedness - MRC-TRAIN 1046396 40 minutes
4. Volunteer Support for Community Resiliency (3 courses required, one from each group.)

**Follow policies and procedures related to professional and ethical representation of the MRC; Demonstrate cultural humility during MRC activities** (complete one)

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ethical Principles - MRC-TRAIN 1081360</td>
<td>40 minutes</td>
</tr>
<tr>
<td>Distinguishing Public Health Ethics from Medical Ethics - MRC-TRAIN 1050863</td>
<td>35 minutes</td>
</tr>
</tbody>
</table>

**Demonstrate safe behaviors during MRC activities; Follow policies and procedures related to professional and ethical representation of the MRC; Demonstrate cultural humility during MRC activities** (complete one)

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Legal Principles - MRC-TRAIN 1081361</td>
<td>1 hour</td>
</tr>
<tr>
<td>Law and Ethics in Public Health, Public Health Ethics, Module 4 - MRC-TRAIN 1050892</td>
<td>1 hour</td>
</tr>
<tr>
<td>Public Health Emergency Law Course:</td>
<td></td>
</tr>
<tr>
<td>Unit 1—Introduction to Emergency Management Systems Preparedness and Response - MRC-TRAIN 1084118</td>
<td>1 hour</td>
</tr>
<tr>
<td>Unit 2—Emergency Powers: Protection of Persons, Volunteers, and Responders - MRC-TRAIN 1084126</td>
<td>1 hour</td>
</tr>
<tr>
<td>Unit 3—Emergency Powers: Management and Protection of Property and Supplies - MRC-TRAIN 1084130</td>
<td>1 hour</td>
</tr>
</tbody>
</table>

**Identify the impact of an event on the behavioral health of the MRC member, their family, team and community; Demonstrate cultural humility during MRC activities** (complete one)

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short- and Long-term Considerations for Recovery - MRC-TRAIN 1081365</td>
<td>20 minutes</td>
</tr>
<tr>
<td>Social Media and Long-term Recovery - MRC-TRAIN 1052242</td>
<td></td>
</tr>
<tr>
<td>Caring for Older Adults in Disasters: A Curriculum for Health Professionals - MRC-TRAIN 1059666</td>
<td>30-120 minutes</td>
</tr>
<tr>
<td>Long Term Recovery Basics (4-part webinar) - MRC-TRAIN 1052226</td>
<td>2-4 hours</td>
</tr>
</tbody>
</table>